

MILK IS SERVED WITH ALL LUNCHES

January Lunch Menu

* Whole Grain

Whole Milk - Up to age 2 Fat Free Milk- 2 & Over

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	31	1	2	3	4
AM Snack					
Lunch	Closed	Closed	Closed	Closed	Closed
PM Snack					
	7	8	9	10	11
AM Snack	*Mini Wheats & Milk	Grapes & Yogurt	Muffin & Applesauce	Mini Bagel & Cream Cheese	*Cinn. Toast Crunch & Milk
Lunch	Pizza Corn Applesauce & Yogurt	Chicken Nuggets, Roll* BBQ Sauce, Potatoes Tropical Fruit	Cheeseburger on a Bun* Peas Pears	Cod Fish Sticks Carrots, Roll* Pineapple	Macaroni & Cheese Turkey Slices Mixed Veggies & Peaches
PM Snack	*Goldfish & Juice	Carrots W/ Ranch & Crackers*	*Goldfish Pretzels & Juice	Fruit Bowl & Chex-Mix	Cheesestick & Crackers*
	14	15	16	17	18
AM Snack	*Biscuit, Jam & Juice	Yogurt & Banana	Apple Slices & Cheese	Fruit Bowl & Muffins	*Kix & Milk
Lunch	Chicken Sandwich on Bun* BBQ Sauce, Mixed Veggies Pears	*Waffle, Syrup Eggs Home Fries Applesauce	Corn Dogs Corn Tropical Fruit	*PB & J (3's & 4's) Chicken Nuggets (1's & 2's) Carrots, Peaches	Salisbury Steak Potatoes Pineapple, Roll*
PM Snack	Celery & Cream Cheese	*Goldfish & Juice	*Sun Chips & Juice	Cheese stick & Goldfish Pretzels*	Cheese Crackers & Juice
	21	22	23	24	25
AM Snack		Applesauce & Croissant	Mini Bagel & Cream Cheese	Yogurt & Banana	*Alpha Bits & Milk
Lunch	Closed	Pizza Corn Peaches & Yogurt	Cheeseburger on a Bun* Ketchup, Carrots Tropical Fruit	*French Toast Sticks Chicken Sausage Links Home Fries Applesauce	Chicken Sandwich on Bun* Mixed Veggies Pears
PM Snack		Carrots W/ Ranch & Crackers*	Fruit Bowl & Goldfish*	*Cracker & Cheese Stick	Cheese Its & Juice
	28	29	30	31	1
AM Snack	*Apple Zings & Milk	Grapes & Graham Crackers*	Yogurt & Banana	Mini Muffin & Juice	*Mini Wheats & Milk
Lunch	*PB & J (3's & 4's) Chicken Patty on Bun* (1's & 2's) Carrots Peaches	Salisbury Steak Potatoes Applesauce, Roll*	Mac & Cheese, Turkey Slices Broccoli Pears	Empanada's, Rice Corn Applesauce	Chicken Nuggets Mixed Veggies, Roll* Tropical Fruit
PM Snack	*Bunny Grahams & Juice	Juice & Goldfish*	Apple Slices & Goldfish Pretzels*	*Sun Chips & Fruit Bowl	Celery & Cream Cheese